

Burrell College of Osteopathic Medicine Student Handbook 2021-2022 Behavioral Health Services

The College has arranged to provide counseling and behavioral health services for its students at the NMSU-Las Cruces campus and at all remote rotation hub communities. Please visit:

<https://burrell.edu/students/resources/health-services/>

NMSU Health and Wellness Center

The Aggie Health and Wellness Center provides counseling services with a staff of counselors and psychologists that are here to assist students with crisis, mental health, and personal growth and well-being issues. Services include group, individual, and couples counseling. Services are free and confidential to Burrell students. Insurance claims may be filed for some services. Further information may found at:

<http://wellness.nmsu.edu/counseling/>
(575) 646 -1512

Timely Telehealth

On behalf of its students, the College subscribes to Timely Care Telehealth, a student assistance program that gives students confidential access to a full range of behavioral telehealth services including:

- **TalkNow:** 24/7 On-demand access to a mental health professional to talk about anything at anytime.
- **Scheduled Counseling:** Scheduled access to a licensed counselor to get mental health support; 12 per student per academic year.
- **Health Coaching:** Scheduled access to address topics like healthy body image/lifestyle, sleep issues, etc.
- **Psychiatry:** Scheduled access to licensed psychiatrists; annual block of free visits equal to 4% of student population provided and controlled by counseling staff.

The TimelyCare Telehealth app can be accessed on the Apple App Store and Android Google Play by searching for “TimelyCare” as one word.

Mesilla Valley Hospital (MVH)

Treatment for more serious behavioral health issues, including clinical psychiatry and substance abuse treatment, is offered for students through **MVH**. These services are confidential, providing assistance in issues that might impair a student’s personal or professional life. These services are independent of the College and students will utilize their personal health insurance plan for all costs associated with these services. **MVH** is a private, freestanding psychiatric hospital in Las Cruces, New Mexico that provides mental health, drug, and alcohol addiction services for adolescents, adults, and seniors. Further information may found at:

<http://mesillavalleyhospital.com>
(575) 382-3500

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Veteran Crisis Line

The Veteran Crisis Line connects Veterans in crisis and their families and friends with qualified responders through a confidential hotline. The crisis hotline is available 24 hours a day, 7 days a week. Send Text to 741741 or Call: 1-800-273-8255 (Dial and Press 1).

Behavioral Health Services at Remote Hub Locations

Students have access to behavioral health services at all rotation hubs. *Timely Telehealth* may be accessed from any location at any time. Please visit the Office of Student Affairs website for more information:

<https://burrell.edu/students/resources/health-services/>

Providers who establish a patient care relationship with a student may not render an academic assessment of that student at a later date. It is the student's responsibility to notify the Clinical Education Office or their hub coordinator if they are inadvertently assigned to a provider who has participated in their health care.

**IN A CRISIS OR EMERGENCY, IF YOU FEEL THAT YOU MAY HARM YOURSELF OR OTHERS, DIAL 911 OR
GO TO THE NEAREST HOSPITAL EMERGENCY ROOM.**