

## EAP Financial and Legal Services

# Feeling financial or legal strain? Your EAP can help.

Hospital bills. Landlords. Divorce. Traffic violations. COVID-19. Identity theft. These and many more are surprises in life you're not always prepared for, but have to find your way through. Your no-cost benefit, the Employee Assistance Program (EAP) can help, offering you and your household members:

### Financial resources and consultation for things like:

- Improve credit scores
- Reduce debt
- Manage taxes
- Plan a budget
- Save for retirement
- Pay for college
- Cope with financial stress

### Legal resources and consultation to help with:

- Stolen identity
- Conflict with a landlord
- Large purchases
- Name changes
- Estate settlements
- Will preparation
- General disputes
- Navigating criminal law
- Bankruptcy recovery

### EAP services include:

#### Free, 30-minute consultations

A certified financial expert or attorney will guide you through your money/legal concerns, offering advice and helping you to find solutions.

#### Online tools

Download and access free tools such as budget templates, financial calculators, tax preparation documents, will builder, business agreements and hundreds of other legal documents.

#### Emotional support

When your challenges feel like too much to handle, schedule a free counseling session with a caring professional to help you sort through it all.

#### Referrals

Call the EAP support line when you need referrals for things like renting, child care, student loan assistance, more affordable prescriptions, vacation planning, finding an attorney, completing a contract and more.

**60%**  
of Americans say  
their personal  
finances are a  
source of anxiety.

Source: [finra.org](http://finra.org)

**Reach out today to learn more.**

Use your company code to log into  
[eap.ndbh.com](http://eap.ndbh.com) and select "EAP Services"

**[eap.ndbh.com](http://eap.ndbh.com)**

**Code:**

**800-624-5544**